

VITA
Linda Leitch-Alford

PRESENT POSITIONS

Regent University
School of Psychology and Counseling
Assistant Professor
1000 Regent University Drive
Virginia Beach, VA 23464

Lakeside Center for Counseling: Private Practice
Offices in Northern Virginia
Mailing Address: 21800 Towncenter Plaza #266A
Sterling, VA 20164
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EDUCATION

Ed.D. Northern Illinois University, 2007
Major: Counselor Education and Supervision

Forest Institute of Professional Psychology, 1988-1992
Advanced Graduate Studies in Psychology

M.S. North Dakota State University, 1984
Major: Counselor Education

B.S. Philadelphia College of Bible, 1971
Majors: Bible and Christian Education

CERTIFICATIONS

Licensed Professional Counselor
Licensed Clinical Professional Counselor (Inactive)
National Certified Counselor

VA License # 0701004551
IL License # 180-002876
Certificate # 29952

AWARDS

January 2010: Faculty Advisor for ACA Annual National Ethics Competition Eastern Mennonite University Ethics Team 1st Place

January 2009: Faculty Advisor for ACA Annual National Ethics Competition Eastern Mennonite University Ethics Team 3rd place

April 2007: Outstanding Graduate Student Award presented by Northern Illinois University Division of Research and Graduate Studies, DeKalb, IL

Spring 2007: ACES Outstanding Dissertation Award presented at ACES luncheon during ACA Annual Convention in Detroit, MI

Spring 1999: Doctoral Student of the Year, Northern Illinois University, DeKalb, IL Presented by the Counselor Education faculty

Sept. 1999: ACES Scholarship for ACES National Conference Awarded to select doctoral students based on academic standing and potential for contribution

PROFESSIONAL WORK EXPERIENCE

August 2010 – present: Counselor, Lakeside Center. Full-time private-practice mental health counseling, Northern Virginia (Falls Church, Reston, & Sterling)

January 2007 – June 2010: Adjunct Instructor, Regent University School of Psychology and Counseling

July 2009 – July 2010: Counselor, Lakeside Center. Part-time private-practice mental health counseling, Harrisonburg, VA

August 2007 – June 2010: Eastern Mennonite University, Associate Professor of Counselor Education in the M.A. in Counseling Program

Dec. 1989 - July 2007: Counselor, LakeSide Center, Inc. Private practice work includes individual, couples, and group counseling as well as supervision, Lake Zurich and Hawthorn Woods, IL

Aug. 2000 - May 2001: Saint Xavier University of Chicago, Assistant Professor, Lecturer with tasks including teaching in the Masters' program in Counseling Psychology, advising undergraduate psychology students and committee work addressing CACREP accreditation

Sept. 1984 - Dec. 1989: Counselor, Arlington Counseling Associates, Private practice work including individual, couples, family and group counseling

Sept. 1984 - December 1986: Trinity College, Deerfield, Illinois, Instructor for courses in Lifestyle Career Development and Human Development within the psychology department

Sept. 1984 - May 1984: Trinity College, Deerfield, Illinois, Director of the Growth Assistance Program for special entry students including instruction in English as a second language

GRADUATE TEACHING EXPERIENCE

Regent University, Virginia Beach, VA

Summer 2011	Qualitative Research Methods and Design (On-Line Doctoral Course)
Spring 2011	Advanced Theory in Group Counseling (On-Line Doctoral Course)
Spring 2011	Instruction in Counselor Education and Supervision (On-Line Doctoral Course)
Spring 2011	Marriage and Family Development (On-line Format For Masters Program)
Fall 2010	Counseling and Psychology of Women (Mixed Doctoral and Master's Level)
Fall 2010	Internship (Online Format for Masters Program)
Summer 2010	Qualitative Research Methods and Design (On-Line Doctoral Course)
Spring 2009	Qualitative Research Methods and Design (On-Line Doctoral Course)
Spring 2008	Qualitative Research Methods and Design (On-Line Doctoral Course)
Spring 2007	Qualitative Research Methods and Design (On-Line Doctoral Course)

Eastern Mennonite University

Summer 2010	Multicultural Counseling
Spring 2010	Group Counseling
Spring 2010	Internship
Spring 2010	Practicum
Fall 2009	Professional Identity, Function, and Ethics
Fall 2009	Internship
Fall 2009	Spirituality and Religion Seminar co-lead with all faculty
Summer 2009	Multicultural Counseling
Spring 2009	Group Counseling
Spring 2009	Psychopathology II: Diagnosis and Treatment Planning
Spring 2009	Practicum
Spring 2009	Internship
Spring 2009	Professional Seminar co-taught with all faculty
Fall 2008	Professional Identity, Function, and Ethics
Fall 2008	Psychopathology II: Diagnosis and Treatment Planning
Fall 2008	Internship
Spring 2008	Group Counseling
Spring 2008	Multicultural Counseling
Spring 2008	Practicum
Spring 2008	Internship
Fall 2007	Psychopathology I: Diagnosis and Treatment Planning
Fall 2007	Professional Identity, Function, and Ethics
Fall 2007	Internship

Argosy University, Schaumburg, IL

Summer 2007	Diagnosis/Treatment Planning (Weekend Format Doctoral course)
Spring 2007	Diagnosis/Treatment Planning (Weekend Format Doctoral course)

Saint Xavier University of Chicago

Spring 2004	Techniques of Community Counseling
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Northern Illinois University, DeKalb, IL

Summer	2003	Orientation to the Profession (Ethics)
Spring	2003	Mental Health (DSM IV & Diagnosis)
Fall	2001	Mental Health (DSM IV & Diagnosis)
Fall	2001	Individual Practicum

Saint Xavier University of Chicago

Spring	2001	Group Counseling
Spring	2001	Family Dynamics
Spring	2001	Practicum
Spring	2001	Internship
Fall	2000	Techniques of Community Counseling
Fall	2000	Law and Ethics in Counseling
Fall	2000	Practicum
Fall	2000	Internship

Northern Illinois University, DeKalb, IL

Spring	2000	Counseling Skills and Strategies
Fall	1999	Group Practicum Class
Spring	1999	Individual Practicum Class
Fall	1998	Group Practicum Class
Summer	1998	Internship Class
Spring	1998	Supervision of students in Individual Practicum
Fall	1997	Supervision of students in Individual Practicum
Fall	1997	Co-Instructor for Counseling Theories

NON-ACADEMIC TRAINING EXPERIENCES

Sept. 2010-present: Interpersonal Neurobiology with Dr. Curt Thompson, Falls Church, VA

Sept. 1997- Spring 2000: Doctoral Internship, Northern Illinois University, DeKalb IL. Responsibilities included research, teaching, and service at A Safe Place. A Safe Place is a community agency addressing the needs of domestic violence victims in Lake County, IL. Responsibilities included assisting with training and community education

Sept. 1987- May 1988: Experiential Family Therapy Seminar, Institute of Juvenile Research, University of Illinois Chicago

Apr. 1988: Seminar in Family Therapy with Virginia Satir, South Bend, IN

Sept. 1982-May 1983: Practicum, Moorhead State University Counseling Center, Moorhead, Minnesota. Responsibilities in the university counseling center included individual, career and study skills counseling

Sept. 1982-May 1983: Practicum, Moorhead State University International Student Office, Moorhead, Minnesota. Responsibilities included planning and involvement in international student activities, understanding and working with INS as well as development and teaching of an experiential course in building relationships across cultures

PROFESSIONAL PRESENTATIONS

- April 2011 “Competence, Moral Principles, Virtue, and Ethical Decision Making” presenting at Christian Association for Psychological Studies International Conference, Indianapolis, IN.
- April 2010 Invited presentation at Valley Community Service Board for Staff In-Service Training on Axis II Disorders in Staunton, VA
- Nov. 2009 “Supervision: Creativity and Engagement in the Process,” a five hour training workshop at Eastern Mennonite University with EMU faculty Teresa Haase Ph.D.
- Nov. 2009 “Touching a Client: How Do We Find Our Way?” with EMU graduate student Zachary Taylor at the Virginia Counseling Association annual convention in Williamsburg, VA
- Oct. 2009 “The Impact of Supervision: The Good, the Not So Good, and the Ugly” presented at the Association for Counselor Education and Supervision National Conference, San Diego, CA
- Jun. 2009 “Defending Career and Credentials: Experiences of Mental Health Professionals” presented at the 9th Thinking Qualitative Workshop Series hosted by the International Institute for Qualitative Methodology in Edmonton, Alberta, Canada
- Feb. 2009 “Me, a White Woman, Teaching Multicultural . . . Right?” at the 8th Annual Southeastern Conference on Cross-Cultural Issues in Counseling and Education in Savannah, GA
- Oct. 2008 “Making Friends with the DSM: Enhancing Client Dignity and Clinical Interventions” a two hour workshop at the Virginia Counseling Association annual convention in Roanoke, VA
- Oct. 2008 “Using Conceptual Mapping in the Counseling Process: A Tool for Enhancing Insight” at the Virginia Counseling Association annual convention in Roanoke, VA
- April 2008 “Making Friends with the DSM: Enhancing Case Conceptualization and Client Dignity.” A three hour workshop given at Eastern Mennonite University for the Spring Training Workshop services offered to local mental health professionals
- Feb. 2008 “Acculturation and the New Immigrant Client: A Framework for Case Conceptualization” at the Southeastern Conference on Cross-Cultural Issues in Counseling and Education in Savannah, GA
- Nov.2007 “I Think I Might Be Over My Head: Elements of Counselor Decision Making in Complex and/or Unclear Situations” at the Virginia Counseling Association annual convention in Norfolk, VA

- Mar. 2007 "I Think I Might be Over My Head: Patterns for Counselor Decision Making in Complex and/or Unclear Situations" A 6 hour Learning Institute for the American Counseling Association Annual Convention, Detroit, MI.
- Feb.-Mar. 2007 "Supervision: Guiding the Supervisee's Professional Development." A full day workshop presented for the Illinois Mental Health Counselors Association multiple times in various locations in the state of Illinois (Lyle, Arlington Heights, Springfield, and Champaign)
- Apr. 2005 "Supervision: Development of the Counselor's Professional Life Stages." A full day workshop presented for the Illinois Mental Health Counselors Association in Naperville, IL
- Oct. 2002 "To Treat or Not to Treat? Ethical Dilemmas and Ethical Decision Making" at the Association for Counselor Education and Supervision National Conference, Park City, UT
- Apr. 2002 "Supervision: The Future of My Practice." A full day workshop presented for the Illinois Mental Health Counselors Association 2002 Seminar Series in St. Charles, IL
- Nov. 2000 "Acculturation and the New Immigrant Client: A Framework for Case Conceptualization" at the North Central Association for Counselor Education and Supervision Annual Conference, Indianapolis, IN
- Nov. 2000 "Multicultural Self-Identity Awareness" at the North Central Association for Counselor Education and Supervision Annual Conference, Indianapolis, IN
- Nov. 1999 "Acculturation and the 21st Century Immigrant Student: A Framework for Training Counselors" at the Illinois Counseling Association State Conference, Lisle, IL
- Oct. 1999: "Acculturation and the 21st Century Immigrant Student: A Framework for Training Counselors" at the Association for Counselor Education and Supervision National Convention, New Orleans, LA

UNIVERSITY SERVICE

- 2009-2010 Chair: Institutional Review Board, Eastern Mennonite University includes standard IRB chair responsibilities plus IRB policy revision tasks.
- 2009-2010 Committee Member: Bookstore Committee, Eastern Mennonite University
- 2007-2009 Participation in the Eastern Mennonite University Intensive English Program conversation Partner Program with a partner from Rwanda, Saudi Arabia, and South Korea

- July 2008 Selected participant at the 2008 Mennonite Education Conference. As a participant, I was invited to give a response to the conference theme Creation, Christ and the Classroom as related to my classroom activities.
- 2008-2009 Committee Member: Institutional Review Board, Eastern Mennonite University
- 2008-2009 Search Committee for new faculty, MA in Counseling Department, Eastern Mennonite University
- 2007-2008 Search Committee for new faculty, MA in Counseling Program, Eastern Mennonite University
- 2000 - 2001 Doctoral Admissions Committee, Northern Illinois University, DeKalb, IL
- Nov. 2000 “Acculturation and the New Immigrant Student: Student Dynamics Inside and Outside the Classroom” for the New Faculty series: Idea Exchange at Saint Xavier University of Chicago
- Spring 1999-Spring 2000 Pre-Admissions Workshop, Masters Admissions Committee Group Leader, Northern Illinois University

OTHER PROFESSIONAL ACTIVITIES

- Nov. 2010 to present Steering Committee for Revitalization of Virginia Clinical Counselors Alliance a Division of Virginia Counselors Association
- March 2009 and 2011 Proposal Reviewer for ACES National Conference
- Nov. 2009 Nominations Committee for Virginia Counselors Association
- Oct. 2009 Participation in the First ACES Inform Institute for Research Mentorship at the Association for Counselor Education and Supervision National Conference, San Diego, CA
- June 2008 Participation in week-long 9th Thinking Qualitative Workshop Series hosted by the International Institute for Qualitative Methodology in Edmonton, Alberta, Canada
- Jan. 2008 Participation in the Virginia Counselors Legislative Advocacy Day, Richmond, VA
- 2002-2003 Secretary for North Central Association for Counselor Education and Supervision for 2002-2003
- 1997-1999 Development and implementation of “Awakenings” and “Soar with the Eagles” seminars addressing issues of women, spirituality and mental health, LakeSide Center, Mundelein, IL
- 1995-1997 Development and implementation of “Nurturing the Soul in Marriage” seminar, Center for Counseling and Psychotherapy, Barrington, IL

- 1994-1995 Professional Consultant for SafePlace: a support group for survivors of sexual abuse, Gurnee, IL
- 1985-1988 Development and implementation of workshops for acculturation re-entry for Third Culture Kids returning to the United States after extensive living experiences in foreign cultures

PROFESSIONAL MEMBERSHIPS

- American Counseling Association
Association for Counselor Education and Supervision
Association for Spiritual, Ethical and Religious Values in Counseling
- Virginia Counseling Association
Northern Virginia Chapter
Virginia Clinical Counselors Association
Virginia Association for Counselor Education and Supervision
- Christian Association for Psychological Studies